# PLATEAU BENCH WALL #194



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#### PLATEAU Bench Wall

#### INDEX:

## PAGE

Mounting the seat onto the frame	03
Drilling for, and mounting of threaded rods	04
Mounting of backrest on Plateau Bench Wall	05
Fitting Plateau Bench Wall onto the wall	06
Mounting of Side-table on Bench Wall	07
Cleaning	.08

## PARTS INCLUDED FOR MOUNTING

#### **Plateau Bench Wall**

- 8 pcs M10 button head allen key screws
- 4 pcs M10 cylinder allenkey screws
- 4 pcs plastic washers

### **Plateau Sidebord**

• 2 pcs M10 button head allen key screws

## TOOLS NEEDED FOR MOUNTING (NOT INCLUDED:

- Allen key no. 6
- 4-6 pcs threaded rods
- 4-6 pcs nuts

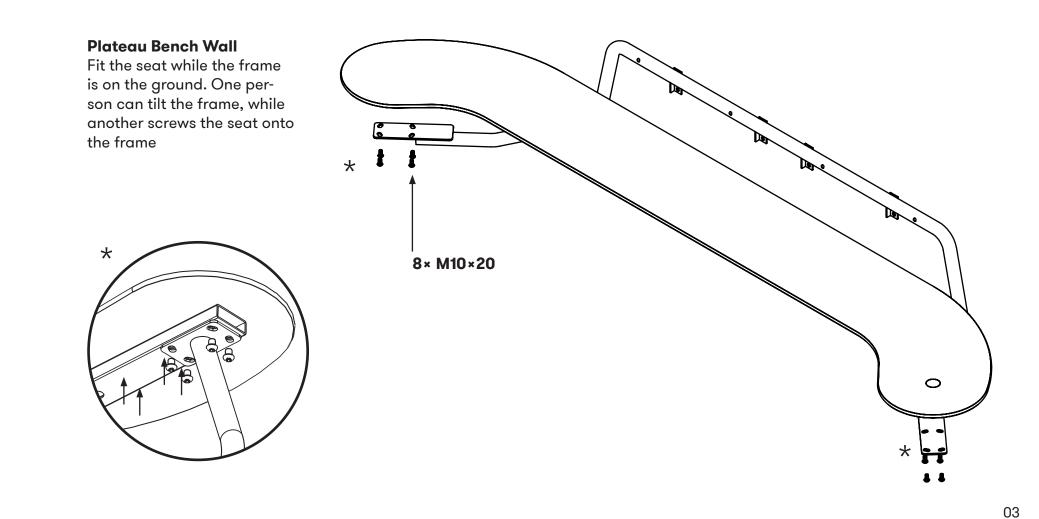
#### **BEMÆRK:**

Two or more people are recommended when mounting Plateau Bench Wall

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## MOUNTING THE SEAT ONTO THE FRAME

Use the included M10×20 mm allen key screws to mount the seat onto the frame. Fasten the screws with allen key no. 6. Tighten the screws after all of them are fitted.



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\* Mark the wall through the frame

maximum stability.

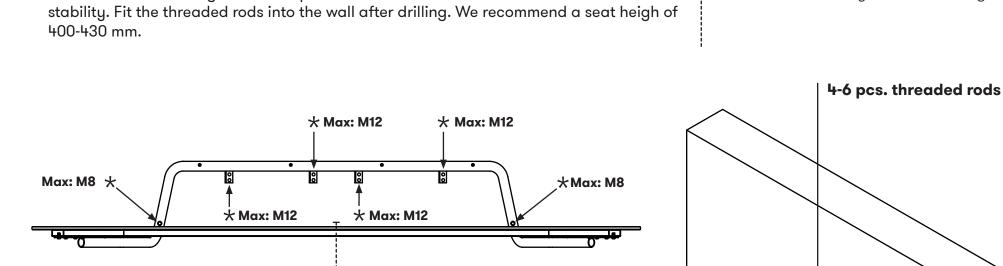
extra threaded rods.

and brackets. alternate between top and bottom hole in the brackets for

**PLEASE NOTICE:** For more security,

especially in softer materials, use

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Guide

Hold the frame steady next to the wall, in the correct

position and height. Then

mark spots for drilling.

#### DRILLING FOR, AND MOUNTING OF THREADED RODS

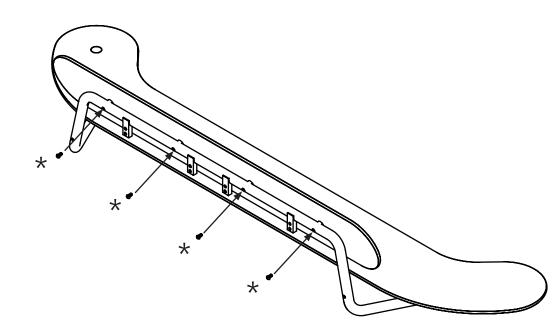
Use the frame for Bench Wall as a guide and mark spots for drilling on the wall. We recommend alternating between top and bottom holes in the brackets, to achieve more stability. Fit the threaded rods into the wall after drilling. We recommend a seat heigh o 400-430 mm.

400-430 mm Seat height. **PLEASE NOTICE:** Threaded rods should be able to carry a load of 500 kg.



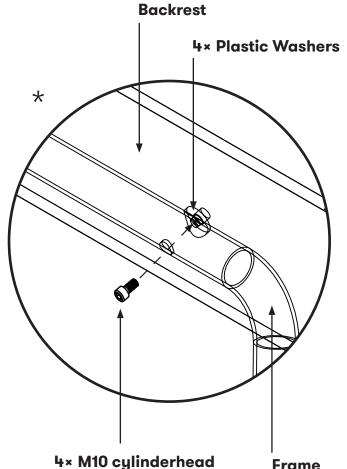
#### MOUNTING OF BACKREST ON PLATEAU BENCH WALL

Use the included M10 cylinder head screws and plastic washers to mount the backrest onto the frame. While one person holds the backrest, tighten the M10 screws through the frame and the plastic washer. Remember to fit the plastic washers between the frame and the backrest!



## **PLEASE NOTICE**

Be careful not to lose the screws inside the frame tube, when fitting the backrest. They can be hard to get out. Use grease on the allen key.



Frame

05

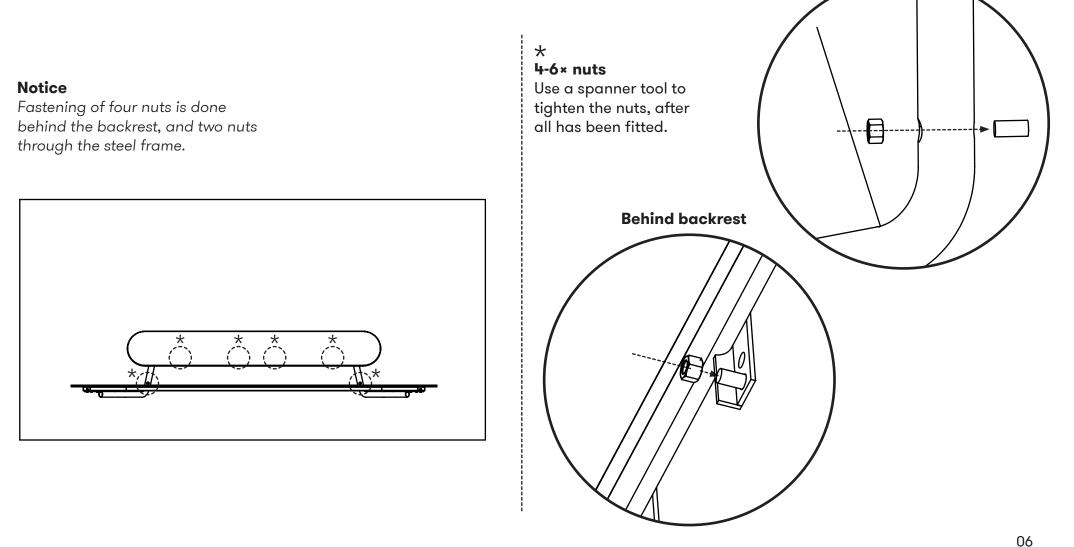
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Through the frame

## FITTING PLATEAU BENCH ONTO THE WALL

Use appropriate nuts to tighten the assembled Bench Wall to the threaded rods. The bench can rest on the threaded rods while the nuts are fastened.

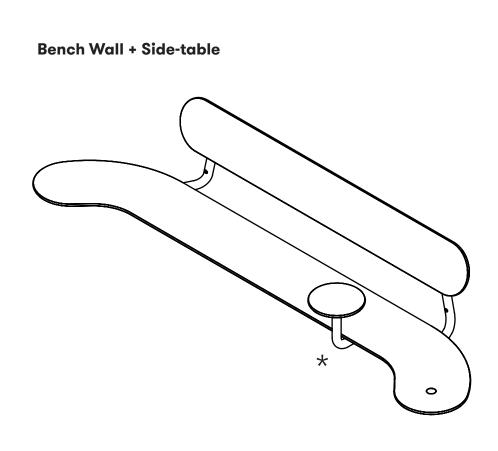


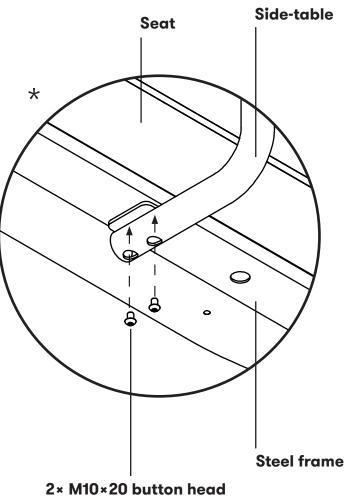
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## PLATEAU SIDE-TABLE #196

MOUNTING OF SIDE-TABLE ON PLATEU BENCH WALL

Use two M10×20mm button head screws (allen key no.6), to fasten the side-table underneath the steel fame.





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## CLEANING

Clean the laminate surfaces using hot water and soft sponge or cloth. Do not use abrasive 'green' side of sponges.

Common household cleaners without abrasives eg. dish detergent or window cleaner may be used.

If it's difficifult to remove dirt this way, use a nanosponge and water. For more information on the nanosponge, check our website, call or email us.

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